

Data Report for March 2019



Other than the data on page 2, the data in this report is taken from data collected in the Foodbank's database from referral forms.

Points to note from this month's data report:

- The need for food from the Foodbank has grown considerably through 2018 and continues into 2019. In February we distributed the most parcels ever in a month. In February 2018 we had 689 individual visits to the Foodbank; in February 2019 we had 1070—an increase in demand of 55% .
- Just under one third (32%) of the people receiving food from the Foodbank are children.
- Throughout 2018, 82.5% of client visits were self-referrals. So far in 2019, that figure has increased to 87%. However, we know that at least one agency advises known clients to self-refer rather than wait for an appointment with the agency in order to receive an agency referral form. We also know that some clients attend the Foodbank along with a support worker but are recorded as self-referrals. Both of these inflate the number of self-referrals, although it is not possible to know by how many.
- Of the agencies that refer clients to us, Clued Up, Fife Council Welfare Reform Team, Fife Council (other) and Link Living have been the most frequent referrers . Referrals from Fife Council are recorded under 4 headings (the Welfare Reform Team, Social Work Children and Families Teams, Social Work Criminal Justice Teams and Other teams). When these 4 are taken together, Fife Council is by far our biggest referrer, referring more than twice as many clients as any other referrer.
- During 2019, benefit change, benefit delay and debt have been the most frequent reasons given by clients for the nature of the crisis that led to them contacting the Foodbank.
- During 2019, 50% of our clients have visited only once and 84% have visited five times or less. However, already in 2019, 33 clients have visited more than 10 times. The Referrals Team continues to monitor clients who visit frequently and continues to write to some of them to offer additional support.
- During 2019, 55% of our client visits have been to St Bryce, with 30% being to Linton Lane.

As well as providing data on the Foodbank's work, we want to provide brief details of the circumstances of some of our clients:

- A client who was left with £88 a month in benefits after deductions.
- Another client living on £40 a month after deductions for advance payments, rent and council tax.
- A client who was sanctioned for 4 weeks because she had missed an appointment at the Jobcentre - she was in hospital at the time of her appointment.

The data is significant but it is also important to remember the personal stories of the individuals behind the data.

Number of Parcels Issued

Graph showing the number of parcels issued and table showing the number of parcels issued, people receiving parcels and meals provided from December 2014 to date (table showing the numbers from August 2016) .

Number of parcels issued: December 2014—February 2019



Month	Parcels	People	Meals
Aug 2016	555	1051	9459
Sep 2016	496	860	7740
Oct 2016	484	874	7866
Nov 2016	419	790	7110
Dec 2016	494	952	8568
Jan 2017	496	934	8406
Feb 2017	512	1032	9288
Mar 2017	619	1235	11115
Apr 2017	459	832	7488
May 2017	644	1380	12420
Jun 2017	542	998	8982
Jul 2017	551	1015	9135
Aug 2017	609	1190	10710
Sep 2017	527	1015	9135
Oct 2017	665	1242	11178
Nov 2017	720	1414	12726
Dec 2017	621	1192	10728
Jan 2018	673	1317	11853
Feb 2018	635	1288	11592
Mar 2018	742	1491	13419
Apr 2018	786	1535	13815
May 2018	850	1732	15588
Jun 2018	830	1620	14580
Jul 2018	737	1443	12987
Aug 2018	921	1878	16902
Sep 2018	856	1728	15552
Oct 2018	1024	2045	18405
Nov 2018	950	1885	16965
Dec 2018	789	1545	13905
Jan 2019	893	1807	16263
Feb 2019	1061	2147	19323
TOTAL	26688	51301	460889

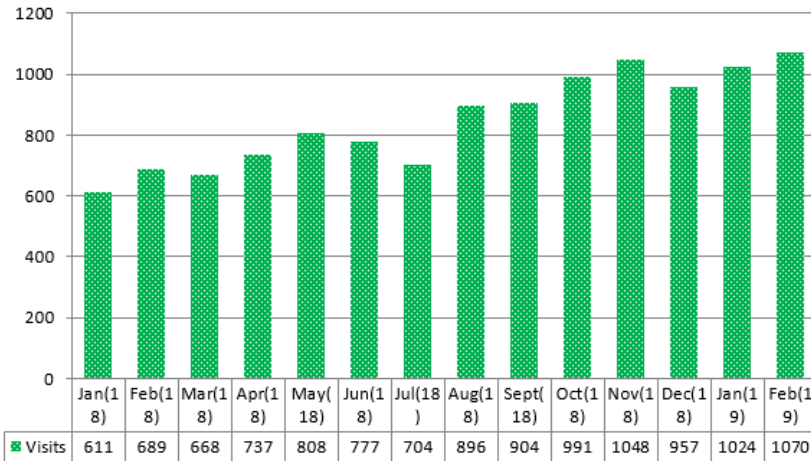
NB The data on this page is taken from a count of parcels issued from Dysart to distribution points and covers the period from December 2014. There is a slight discrepancy in these figures from the data in the remainder of the report as the other data is taken from referral forms completed when someone picks up a parcel (which may be in the following month). In addition, there are times when a distribution centre has run out of pre-packed food parcels and has to give a client food from what has been donated at that centre—that visit will still be recorded in our database.

The meals and people figure in the table on the left is calculated by multiplying the number of parcels x size of parcel (single, couple or family) x 3 days x 3 meals a day. Therefore it is an indicative and not exact figure. It is different from the data on the number of people from the Foodbank’s database as that is based on exact figures of people receiving the food from the referral forms.

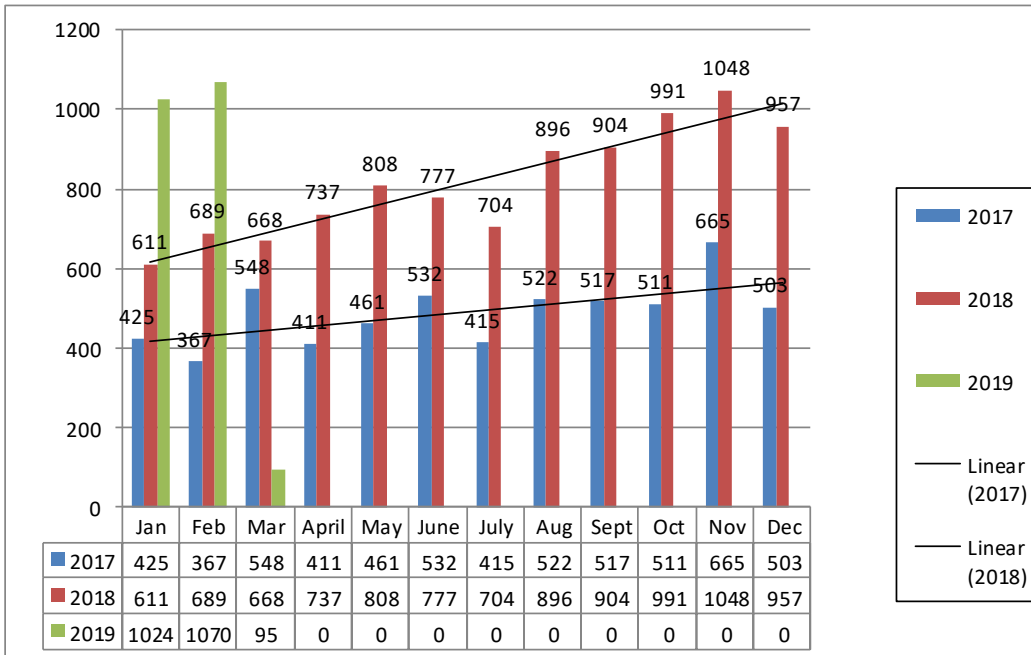
Number of Visits—total number and total adults and children

Comparisons of visits by month

Graph showing the number of visits on a monthly basis (NB: this is not a count of individuals—if a person visits more than once they will be counted



Graph comparing the number of visits on a monthly basis in 2017, 2018 and 2019 (figures for current month are incomplete)

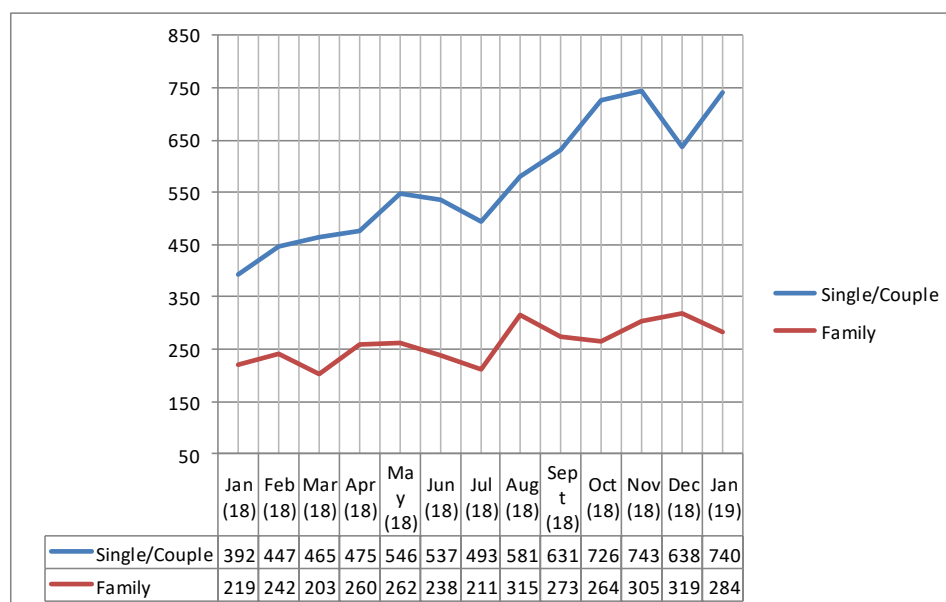


Number of adults and children receiving assistance during 2019 (figures for the current month are incomplete)

(NB: this is not a count of individuals—if a person visits more than once they will be counted more than once)

Month	Visits	Adults	Children
January	1024	1415	678
February	1070	1476	692
March	95	130	53
Totals	2189	3021	1423

Analysis of Single people/couples and Families receiving parcels on a monthly basis



Agency referrals and Self Referrals

Table and graphs showing numbers and percentages of self referrals and agency referrals on a monthly basis during 2019.

NB: We know that at least one agency advises known clients to self-refer rather than wait for an appointment with the agency in order to receive an agency referral form. We also know that some clients attend the Foodbank along with a support worker but are recorded as self-referrals. Both of these inflate the number of self-referrals, although it is not possible to know by how many.

	Self Referral	% Self Referral	Agency Referral	% Agency Referral	Total
January	885	86.4%	139	13.6%	1024
February	945	88.3%	125	11.7%	1070
March	83	87.4%	12	12.6%	95
Totals	1913	87.4%	276	12.6%	2189

Detail of Agency Referrals

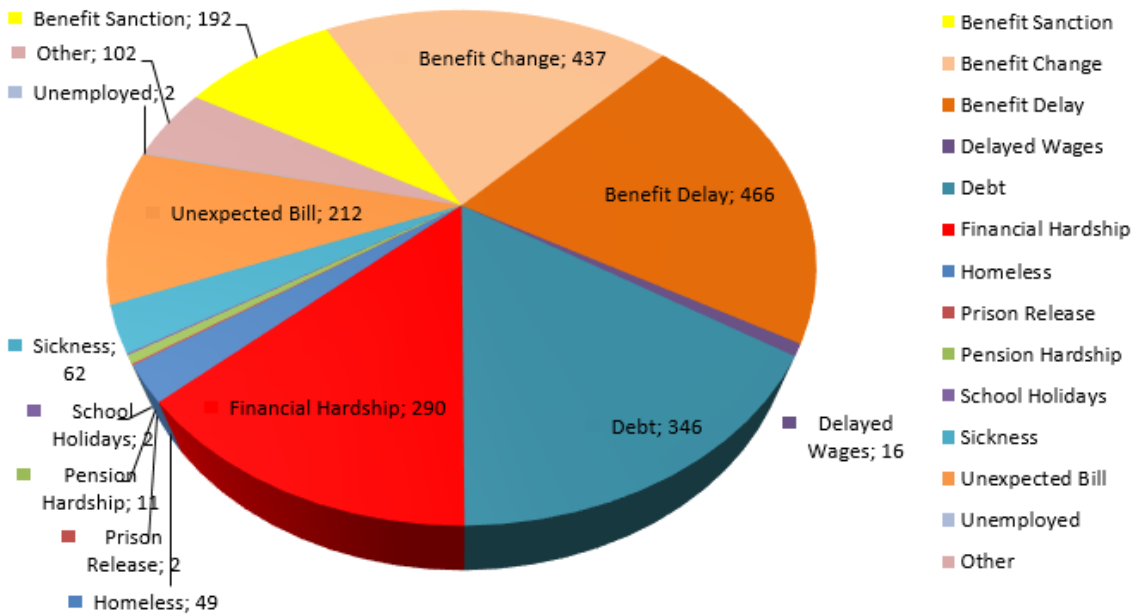
Table showing source of referrals on a monthly basis during this year (figures for the current month are incomplete): self referrals and principal agency referrers

	Self Referral	CARF	CLUED UP	Fife Council - CLD (Welfare Reform)	Fife Council - SW Children and Families	Fife Council - SW Criminal Justice	Fife Council - Other	Front-line Fife (Homes for Good)	Link Living	SACRO	The Cottage	Other
January	885	8	16	12	7	7	14	3	21	1	0	50
February	945	7	12	15	7	5	15	7	17	1	5	34
March	83	1	1	2	1	2	3	1	0	0	0	1
Totals	1913	16	29	29	15	14	32	11	38	2	5	85

Nature of Crisis

Pie chart showing nature of crisis on referral form - during 2019

(NB although Financial Hardship is no longer available as an option for the Nature of Crisis on self-referral forms it remains an option on some Agency Referral forms—it has been removed from new Agency Referral forms but some old ones are still being used by agencies.)



Universal Credit

Table showing the number and percentage of client visits where the client has indicated at some time this year that they are receiving Universal Credit . For clients who have visited more than once, this fact will not necessarily be recorded on every form completed for each visit. However, the client will be recorded in this data as receiving Universal Credit if a previous form this year has indicated that they are receiving it .

NB: this is a relatively new method of counting this figure, so the figures for previous months differs from that shown in some previous reports.

Month	Clients	% of total clients
Jan	578	56%
Feb	612	57%
Totals	1190	54%

Whilst it is being recorded on referral and self-referral forms if the client is receiving Universal Credit, the information being asked does not necessarily indicate that Universal Credit is the reason why the client requires food.

Table showing detail of the nature of crisis during 2019

	Benefit Sanction	Benefit Change	Benefit Delay	Delayed Wages	Debt	Financial Hardship	Homeless	Pension Hardship	Prison Release	School Holidays	Sickness	Unexpected Bill	Unemployed	Other	Total
January	88	245	198	11	162	142	16	4	1	1	28	94	1	33	1024
February	93	179	243	3	171	145	30	7	1	1	29	107	1	60	1070
Totals	181	424	441	14	333	287	46	11	2	2	57	201	2	93	2094

Number of repeat visits

Table showing the number of single visits and repeat visits in 2019

Repeats	Visits	%	Clients	%
1	374	17.09%	374	50.07%
2 to 5	696	31.80%	253	33.87%
6 to 10	656	29.97%	87	11.65%
Over 10	463	21.15%	33	4.42%
	2189	100%	747	100%

} 83.94%

	Visits	Clients	
% of visits = Single Visits	17.09%	50%	visiting once
% of visits = Second or subsequent visits	82.91%	50%	visiting more than once

Table showing visits to distribution points in 2019

Distribution Points	parcels	
Dysart (direct delivery)	13	0.59%
Salvation Army	3	0.14%
Link Living	122	5.57%
Linton Lane	642	29.33%
Solid Rock	193	8.82%
Potter About	0	0.00%
St Bryce	1216	55.55%
	2189	100.00%